Curriculum Vitae

PERSONAL INFORMATION

Dil Bahadur Gurung

Security Guard — Ex-Nepal Army

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Pokhara, Kaski

Date of birth 30 July 1990 | Nationality Nepali

PROFILE

Security guard with six years on bank and hospital sites after eight years' service in the Nepal Army. Trained in access control, CCTV monitoring and emergency evacuation. Supervised a four-guard shift at a branch handling daily cash movement. Clean police record, physically fit, available for day or night shift and for overseas placement.

EXPERIENCE

Apr 2024 – Present

Senior Security Guard

Security services company — deployed at a commercial bank branch, Pokhara

- Supervise a four-guard shift covering entry, cash counter and ATM lobby
- Manage access control and visitor register for around 300 visitors a day
- Monitor 12 CCTV channels and file daily incident reports
- Coordinate with police during two cash-in-transit movements a week

Jul 2021 – Mar 2024

Security Guard

Private hospital, Pokhara

- Controlled emergency and OPD entry, including crowd management during peak hours
- Handled fire drill participation and knew evacuation routes for a four-floor building
- Managed parking and ambulance access without blocking the emergency bay

2013 – 2021

Soldier

Nepal Army, Various postings

- Eight years' service including two years at a border post
- Weapons handling, guard duty and disaster response deployment after the 2072 earthquake

CERTIFICATIONS

2021 — **Basic security training**
Security services company

2023 — **Fire safety and first aid**
Nepal Red Cross Society

2025 — **Police clearance certificate**
Nepal Police

SKILLS

- Access control and visitor screening
- Incident reporting
- Shift supervision
- CCTV monitoring
- Fire safety and evacuation

EDUCATION

2008 – 2012

SEE (School Education Examination)
Secondary school, Lamjung

LANGUAGES

Nepali	Mother tongue
Gurung	Mother tongue
Hindi	B1 — independent user
English	A2 — basic user