CONTACT

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+977 98XXXXXXXX

Pokhara, Kaski

CERTIFICATIONS

Nepal Health Professional Council registration 2079
NHPC

Kinesio taping workshop 2081
Nepal Physiotherapy Association

SKILLS

- Neurological rehabilitation
- Orthopaedic and post-operative rehab
- Paediatric physiotherapy
- Electrotherapy
- Home-based rehabilitation

LANGUAGES

Nepali	Native
Magar	Conversational
English	Professional

Sushma Thapa

— Physiotherapist — NHPC Registered

PROFILE

Physiotherapist with three years in hospital and community rehabilitation in Pokhara. Treats around 16 patients a day across stroke, post-operative orthopaedic and back-pain cases, and runs a weekly home-visit programme for patients who cannot travel. Registered with the Nepal Health Professional Council.

EXPERIENCE

Physiotherapist Baishakh 2081 – Present
Regional hospital — rehabilitation unit · Pokhara

- Treat around 16 patients a day — stroke, post-fracture and post-surgical orthopaedic rehabilitation
- Run a weekly home-visit round for around 10 bedbound or elderly patients
- Design discharge exercise plans and train family members to continue them
- Work alongside orthopaedic surgeons on early mobilisation after joint surgery

Physiotherapist Shrawan 2079 – Chaitra 2080
Community-based rehabilitation programme · Syangja

- Provided rehabilitation for children with cerebral palsy and adults after spinal injury
- Trained 12 community workers in basic positioning and exercise
- Kept progress records used in the programme's donor reports

EDUCATION

Bachelor of Physiotherapy (BPT) 2074 – 2079
Kathmandu University affiliated college · Nepal
Clinical internship in orthopaedic, neuro and paediatric rehabilitation.

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