Dr. Aashish Poudel

Medical Officer — NMC Registered

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PROFILE

Medical officer with three years after MBBS, including eighteen months at a district hospital as one of two doctors on call. Manages emergency, OPD and inpatient care, around 70 OPD patients a day, and has handled trauma stabilisation and obstetric emergencies before referral. Registered with the Nepal Medical Council. Preparing for MD entrance in internal medicine.

CERTIFICATIONS

Nepal Medical Council registration — 2079
NMC

Basic Life Support (BLS) and ACLS — 2081
Nepal Resuscitation Council

EXPERIENCE

Medical Officer — Mangsir 2081 – Present
Private teaching hospital · Bharatpur, Chitwan

- Cover emergency and medicine wards on a rotating roster, including 24-hour duties twice a week
- See around 70 OPD patients a day in general medicine
- Manage ward rounds for up to 30 inpatients with the consultant
- Teach clinical skills to final-year MBBS students on the ward

Medical Officer — Baishakh 2080 – Kartik 2081
District hospital · Rolpa

- One of two doctors covering emergency, OPD and a 25-bed inpatient ward
- Handled trauma stabilisation and obstetric emergencies before referral to Nepalgunj
- Led the hospital's monthly mortality review and HMIS reporting
- Supervised health assistants and nurses during outreach health camps

EDUCATION

MBBS — 2073 – 2079
Medical college affiliated to Kathmandu University · Nepal
Compulsory rotating internship including emergency, surgery, obstetrics and community medicine.

SKILLS

Emergency and trauma management · General medicine OPD · Obstetric emergencies · Minor procedures and suturing · Clinical teaching

LANGUAGES

Nepali	Native
English	Professional
Hindi	Conversational

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